



Bristol Co-operative Gym aims to create a supportive, open exercise space where we can feel comfortable, in the clothes we like, with the music we like, to progress in our own way.

Our members enjoy training in a respectful environment that is free from body-shaming language, pick-up lines and judgements about who they are and what they can lift.

We hope that this all sounds good to you.

By coming to a session and training with us you agree to uphold our principles.