

Bristol Co-operative Gym

Covid-19 Risk Assessment

Date: 26th Sept 2020

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Status: VERSION 1

Severity: All of the HAZARDS listed below have a high severity due to the spread of the novel coronavirus which can cause COVID-19.

HAZARD	CURRENT CONTROL MEASURES	RISK	ACTION NEEDED
Spread of covid-19 through surface contamination inside buildings during indoor sessions	Weekly class schedule is currently held online-only.	Low due to no current indoor sessions	<p>Review of financial viability of the minimum number of attendees required at indoor sessions given the restrictions on capacity, to be used as input for the strategic decision making when considering whether to move any or all of the current weekly online sessions to an indoor setting.</p> <p>Creation of a class specific risk assessment for small group short courses which may be held indoors in addition to the online weekly sessions.</p>

<p>Spread of Covid-19 through person-to-person transmission (droplets) at outdoor sessions</p>	<p>Social Distancing</p> <ul style="list-style-type: none"> ● Limit the number of people at an outdoor session to 12 people ● Send out clear messaging ahead of the session to outline social distancing measures ● Read out the social distancing measures before the session starts ● If social distancing measures are not being adhered to during a session, the session must be cancelled ● Hold outdoor sessions in a place where attendees are not close to non-attendees (i.e. social distancing with people outside of the class is easy to do) ● Hold outdoor sessions in places that will reduce the need for shouting <p>Coaches are responsible for giving clear guidelines at the start of the session, and reminding all attendees to treat all other attendees as if they are deemed as vulnerable, as any person could be (see below for risk relating to vulnerable people)</p>	<p>Low due to outdoor setting</p>	<p>Regularly review government guidelines in relation to holding outdoor gym classes</p>
<p>Spread of Covid-19 through the use of shared equipment at outdoor sessions</p>	<p>Wherever possible, do not use equipment that would need to be shared</p> <p>BCG is responsible for cleaning equipment before and after the session</p> <p>Coaches are responsible for either cleaning the equipment between use, or giving clear instructions on how to safely share equipment. Coaches are responsible for monitoring that these instructions</p>	<p>Low</p>	

	<p>are being followed.</p> <p>Clear messaging will be sent out prior to the session to remind attendees to bring hand-gel</p> <p>BCG will bring some anti-bacterial hand-gel for attendees who have forgotten to bring their own</p>		
The spread of COVID-19 to the coaches	<p>Coaches must follow the same social distancing rules as applies to attendees</p> <p>BCG must cover the costs of coaches' safety equipment e.g. masks/hand-gel/cleaning equipment</p>	Medium due to amount of responsibility the coaches have in cleaning equipment and interacting with all attendees	
The spread of COVID-19 to vulnerable individuals	<p>Indoor sessions are currently deemed as high risk and so have been put on hold</p> <p>Outdoor sessions will be monitored to ensure social distancing measures are followed before, during and after the sessions and will be regularly reviewed to ensure they are safe for vulnerable people to attend</p>	Low due to indoor sessions being currently suspended	Update the team-up questionnaire to ask questions as to a person's vulnerability level, so that the coaches are aware of any vulnerable people attending
The spread of COVID-19 from users attending when they shouldn't due to lack of knowledge/understanding about the symptoms	<p>Clear messaging beforehand about what the symptoms are and be clear that attendees should not attend if they are experiencing any of these symptoms</p> <p>If the person has paid directly for the class at the drop-in rate, BCG will refund that amount if the</p>	Low	Update sign-up questionnaire?? (this may not be fit for purpose due to when the questionnaire is completed)

	attendee needed to drop out due to experiencing symptoms		
The spread of COVID-19 from coaches not following the responsibilities outlined in this risk assessment	Clear messaging after a session to ask for feedback	Low	

Last Reviewed: 27th Sept 2020

Reviewed by: Guy Lochhead